

# Athletics Code of Conduct

The Philosophy of Norbel School encompasses the view that Athletics is a key component of the total curriculum, and an extension of the academic day. It is our goal to help each student-athlete develop as a whole through participation in extra curricular activities and interscholastic sports. A strong athletic program seeks to develop in students, characteristics important for all aspects of life, including Norbel's Four Pillars of *Hard Work, Honesty, Respect* and *Kindness*.

**HARD WORK:** Teaching our athletes the importance of discipline, determination and persistence in the pursuit of common goals is a lesson that will be of value throughout their lives. Balancing academics with the demands of being a team player is an important life lesson as well.

**HONESTY:** The ability to win or lose with grace will be emphasized in Norbel School's athletic program. This is true when accepting decisions from referees and congratulating an opposing team on a successful victory. Honest competition is the only acceptable option for our athletes.

**RESPECT:** Respect for self, teammates, coaches and visiting teams is a priority of Norbel's Athletics Program. Coaches focus their attention on mentoring student-athletes by committing themselves to their profession and challenging the student-athletes to develop into leaders who will positively impact our society.

**KINDNESS:** Sportsmanship and regard for teammates and visiting teams is another important aspect of the program. Supporting each other and bringing out the strengths of fellow athletes is a main part of the program.

Participants have the opportunity to develop feelings of self confidence and self worth and to learn the value of teamwork, effective communication, goal setting and self control. Many important lessons in life are learned through participation in an accomplished athletic program, and it is to this end that Norbel School coaches, parents and student athletes will continually strive to be the best that they can be.

Student's Signature \_\_\_\_\_

Parents' Signature \_\_\_\_\_

Coaches' Signature \_\_\_\_\_